

## Guidelines for Visiting Angels' Rest Retreat

Welcome to Angels' Rest Retreat and Conference Center. There are a few guidelines for the purpose of maintaining the facility, our good relationship with our neighbors, and our environment.

- 1) There is no on-street parking on North County Road. *Please park in the driveway either facing the conference center, on the sides of the driveway.* Please leave enough space in the middle of the driveway for an emergency vehicle. Carpooling is appreciated!
- 2) Pack light since you will be sharing space. We have some flashlights and umbrellas for guests' use. Bed linens, towels and shower soap are provided by Angels' Rest.
- 3) Most cell phones now work in our area, although reception can be spotty. There is wireless with no password. Always, we encouraged guests to "withdraw" from e-mail while at a retreat.
- 4) Shoes should be left in the mud trays or shoe racks of all buildings. *You may want socks or slippers to wear in the buildings.* You might want hiking shoes (or snow shoes!) if you want to walk in the woods. You may also want insect repellent if you take a walk.
- 5) Meals are buffet style, and utensils and glasses are picked up in the dining room; plates and cups are in the serving room. After eating, *please discard your scraps and trash and bring the dishes to the kitchen counter.*
- 6) Bring your bathing suit and bring a towel for the hot tub or pool. Please don't use your room towel. If you forget, there are extra towels for your convenience—*one per guest!* Cloths are provided to *wipe off makeup and lotions.* Hot tub limit: 5 at a time!
- 7) Plastic only in the pool area.
- 8) No food or beverages other than water in the guest rooms. We have bugs! You're welcome to snack or eat in the main dining area 7 a.m. - 10 p.m. or eat Angels' Rest's or approved snacks in the Great Room. *Please help clean up left-overs that are best not left overnight.*
- 9) The outdoor motion sensor lights on the conference center have (on/off/motion-activated toggle) switches in the main entry (above left of front door) or in the Great Room. Other motion sensor switches should be left on (in the Balcony Bedroom and the closet of the Upper Guest Barn). We don't want guests to injure themselves.
- 10) Angels' Rest has excellent well water with which to refill your bottles or cups. The filtered water is for appliances. If you notice that the tea pot that is on 24/7 is low, please refill or tell a staff member so it can be taken care of.
- 11) Please turn off your lights and lower the heat when not in your room.
- 12) Earplugs are available on request, as are sundries and local maple syrup, Leyden House Essential Oils and some health products are available for purchase. Please ask if you need something and we will do our best to help you.

- 13) *The last day:* Before or after breakfast, please put your sheets *only* in your pillowcase and your towels in the nearest laundry area (conference center or main house poolside area) to help the housekeeping staff. Two baskets are available: one for sheets and one for towels.
- 14) *Gratuity:* Tips are very appreciated by the staff. When asked, we recommend \$5 per day; \$10 per weekend per person. Thank you for showing your gratitude!

Thanks for your cooperation and your good care of our facility.